

SUMMER CAMP NOW ENROLLING

New, Clean and Safe State-of-the-Art Facility



My Gym Fresh Meadows



Fitness Made FUN For Kids

Enhance Strength • Flexibility
Coordination • Confidence • Self-esteem

- Noncompetitive gymnastics, tumbling, cardio exercise & more...
- Age-appropriate weekly classes also incorporating music, dance, puppets, games, relays, sport skills, rides, swings & more...
 - Camp Days for ages 2.5-4 years and 4-9 years
 - Ask about our Music & Gym and Arts & Crafts classes coming next monthy

www.mygym.com

176-60 Union Turnpike • Fresh Meadows
(718) 380-4599 • mygymqueens@msn.com



Specializing in Home & Community-Based Developmental Services For Children Birth To Age 3

FREE Developmental Consultations

RCDS professionals will be available at **My Gym** every Tuesday & Thursday in April from 1pm-3pm for a FREE consultation & to answer your questions about your infant or toddler's development in regards to:

- **Physical (Gross & Fine Motor) Skills**
- **Adaptive (Self-Help & Sensory) Skills**
- **Communication (Expressive & Receptive Language) Skills**
- **Social-Emotional (Interpersonal) Skills**
- **Cognitive (Problem-Solving) Skills**

To Learn More About RCDS Or To Reserve An Appointment For A Free Consultation Please Call:

1-866-715-3209 ext. 4113 & ask for Jennifer Murray

OR visit www.rcdseip.com